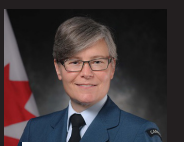


MAY 5

PANEL:
THE HIDDEN COST:
WOMEN'S MENTAL
AND EMOTIONAL
LABOUR

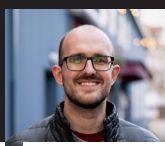
10AM PST / 1PM EST



Colonel H. Wright
CD, MD, MSC, DEPUTY CHIEF OF STAFF
- MENTAL HEALTH, DEPARTMENT OF
NATIONAL DEFENCE



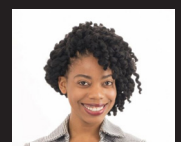
Dr. Patricia Vickers
TRAUMA SPECIALIST



Jake Sitka
EXECUTIVE DIRECTOR,
NEXT GEN MEN



Katherine Lazaruk
CEO, LAZARUK CONSULTING



MODERATOR
Kevonnie Whyte
RACIAL AND ETHNO-CULTURAL
ADVISOR

MAY 5

VIRTUAL SOCIAL:
REDESIGN &
RENEWAL

4PM PST / 7PM EST



Karin Bohn
FOUNDER & CREATIVE DIRECTOR,
HOUSE OF BOHN

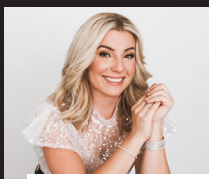


Vanessa Gruman
BRAND DIRECTOR +
CO-FOUNDER,
PROJECT SKIN MD

MAY 6

WORKSHOP:
ENERGETIC TIME
MANAGEMENT

9AM PST / 12PM EST



Heather Chauwin
LEADERSHIP COACH &
STRATEGIC PARENTING EXPERT

MAY 6

PANEL:
THE ROLE LEADERS
PLAY IN EASING
WORKPLACE
STRESS

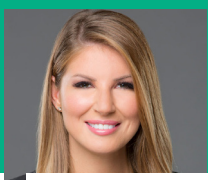
10AM PST / 1PM EST



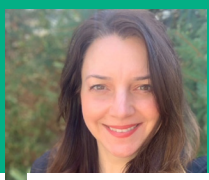
Neha Prasad-Kovach
DIRECTOR, SALES & GROWTH
STRATEGY, CIBC



Mita Mallick
HEAD OF INCLUSION,
EQUITY AND IMPACT, CARTA



Christina Hatzioannou
SENIOR CLIENT PARTNER,
GOOGLE

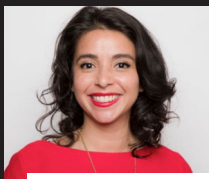


MODERATOR
Kelly Smyth
WNORTH TORONTO CITY
DIRECTOR

MAY 6

WORKSHOP:
SPONSORSHIP
101 IN A VIRTUAL
WORKPLACE

11:10AM PST / 2:10PM EST

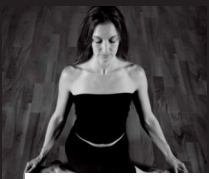


Laura Soria
SENIOR DIRECTOR, LENDING
SOLUTIONS CONTACT CENTER,
CIBC

MAY 7

YOGA:
YYOGA AT
HOME

8AM PST / 11AM EST

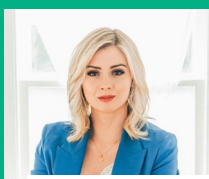


Jayme Burke
YOGA INSTRUCTOR, YOGA

MAY 7

WORKSHOP:
BOUNDARIES,
BURNOUT AND
BALANCE FOR
REMOTE LEADERS

9AM PST / 12PM EST



Shauna Moran
FOUNDER & MANAGING
DIRECTOR AT OPERATE REMOTE

MAY 7

KEYNOTE:
DROP THE BALL:
ACHIEVING
MORE BY
DOING LESS

10AM PST / 1PM EST



Tiffany Difu
FOUNDER AT CRU & AUTHOR

Register at wnorthconnect.com/pivot